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# Paradise Freeze

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*Makes 4 Servings*

## **Ingredients:**

- 1 Banana
- 2 Cup strawberries
- 2 Ripe mangos, chopped
- 1/2 Cup of ice cubes

## **Directions:**

1. Combine all ingredients in a blender or food processor
2. Blend until mixture is smooth.
3. Pour into glasses and serve

Tip: This is a very easy recipe that would be fun to make with your kids!!!

